

## PFCC Decision Report

**Please ensure all sections below are completed**

**Report reference number:** 016-22

**Classification:** Not protectively marked

**Title of report:** Keep It Calm (KIC) Course

**Area of county / stakeholders affected:** Countywide

**Report by:** Nikki Essex

**Authorising SMT member:** Greg Myddelton

**Date of report:** 31 January 2022

**Enquiries to:** nikki.essex@essex.police.uk / greg.myddelton@essex.police.uk

### **1. Purpose of the report**

- 1.1. To seek approval for the allocation of £4,000 to RISE Mutual to develop and deliver the Keep it Calm (KIC) Anger Management course for individuals identified as qualifying for an out of court disposal for a first offence related to violence.

### **2. Recommendations**

- 2.1. Approve the allocation of £4,000 to Rise Mutual for the set-up and roll-out of the Keep It Calm (KIC) anger management course for use as Out of Court Disposals in Essex.

### **3. Benefits of the proposal**

- 3.1. Whilst Essex Police has access to some out of court disposals, such as a victim awareness course and drug / alcohol dependency courses, there are no specific options offered for violent offending, meaning there is a clear gap in the current provision. This project is aimed at filling that gap; increasing the available options for out of court disposals. This has the potential to improve outcomes for individuals, gives greater options to Police officers and reduces the workload in the courts.
- 3.2. One of the benefits is that KIC can be run either remotely or in person, and once the £4,000 setup fee is paid the course can be rolled out across the county with offenders paying the £85 fee to attend the course. Current feedback of the course shows that 82% of participants were satisfied with the course and would recommend it to others offered it by the Police. The course has been rolled out by Avon & Somerset Police who highly recommend it as a disposal option. With

the increase backlog in the courts, it is beneficial to provide Police with out of court disposal options to reduce the pressures faced in courts.

#### **4. Background and proposal**

- 4.1. RISE Mutual is a Community Interest Company (CIC) owned by its employees. Their range of programmes and services are designed to facilitate change in behaviour through rehabilitation, education and social re-integration. RISE delivers behavioural change programmes and innovative solutions to reduce re-offending and transform the lives of individuals, families, and communities. They deliver multiple courses as out of court disposals for Police, addressing problematic behaviours.
- 4.2. Essex Police has engaged with RISE about delivering Out of Court Disposals (OOCd) to address some of the behaviours and attitudes seen in offenders. RISE currently deliver three courses under its OOCd banner, one of them being KIC; a 3-hour intervention to help individuals who have displayed violence and aggression. KIC interventions are run in a group setting for 8-14 individuals. It is suitable for male and female first-time offenders over 18-years old. The course supports the individual to identify their problematic behaviour and manage their anger by suggesting alternatives for a non-violent response. Typical behaviour might include anti-social behaviour, public order offences and / or breach of the peace. Offences such as pre-meditated or serious violence would be unsuitable for the programme. Police will follow the usual conditional caution or community resolution process, stipulating KIC as a requirement. RISE's administrators would then be passed the key details of attendees from Essex Police and will co-ordinate all related activities, including contacting offenders, scheduling attendance and securing payment of £85 per course, paid for by the participant.

#### **5. Alternative options considered and rejected**

- 5.1. The PFCC could opt not to support this decision, but initial discussions with Police have identified there are currently no out-of-court options available to address low-level violent offending. There is clearly a gap which makes it difficult to address these problematic behaviours from a rehabilitative perspective. This could increase the risk of these individuals re-entering the criminal justice system if their behaviour is not addressed at the earliest opportunity.

#### **6. Police and Crime Plan**

- 6.1. This funding will support multiple areas within the Police and Crime plan, most notably reducing violence against women and girls and reducing drug-driven violence.

#### **7. Police operational implications**

- 7.1. No direct operational implications on Essex Police other than this being an additional referral route for Police officers as part of their Out of Court Disposal (OOCd) processes.

#### **8. Financial implications**

- 8.1. The PFCC will allocate £4,000 as a one-off contribution from 2021-22 Community Safety Fund underspend or reserves to RISE Mutual to fund the initial set up of the Keep It Calm (KIC) course. Each course is then funded by individual participants.

## **9. Legal implications**

9.1. This funding is subject to the PFCC's standard grant agreement.

## **10. Staffing implications**

10.1. No direct implications. Any recruitment as a result of this funding will place no liabilities on Essex Police or the PFCC.

## **11. Equality and Diversity implications**

11.1. KIC is a specialist, targeted intervention which engages with individuals following agency referral. The service is limited by age to those over 18 and is available to all genders.

## **12. Risks**

12.1. No risks identified.

## **13. Governance Boards**

13.1. This proposal was presented at the December 2021 meeting of the Essex Reducing Reoffending Board.

## **14. Background documents**

14.1. RISE KIC proposal document



RISE KIC proposal -  
Essex.pdf

**Report Approval**

The report will be signed off by the OPFCC Chief Executive and Treasurer prior to review and sign off by the PFCC / DPFCC.

Chief Executive / M.O. Sign:  .....

Print: Darren Horsman - Deputy MO .....

Date: 3.5.2022 .....

Chief Finance Officer / Treasurer Sign:  .....

Print: JANET PERRY .....

Date: 29 April 2022 .....

**Publication**

Is the report for publication? YES  NO

If 'NO', please give reasons for non-publication (Where relevant, cite the security classification of the document(s). State 'None' if applicable)

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If the report is not for publication, the Chief Executive will decide if and how the public can be informed of the decision.

**Redaction**

If the report is for publication, is redaction required:

1. Of Decision Sheet? YES  NO  2. Of Appendix? Yes

If 'YES', please provide details of required redaction:

Date redaction carried out: Please do not publish the background document as it contains commercially sensitive information from the provider.

**Treasurer / Chief Executive Sign Off – for Redactions only**

If redaction is required, the Treasurer or Chief Executive is to sign off that redaction has been completed.

**Sign:** .....

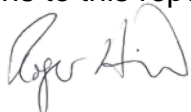
**Print:** .....

**Chief Executive/Treasurer**

**Date signed:** .....

**Decision and Final Sign Off**

I agree the recommendations to this report:

**Sign:** 

**Print:** Roger Hirst

**PFCC**

**Date signed:** 4 May 2022

I do not agree the recommendations to this report because:

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.....  
.....

**Sign:**

**Print:**

**PFCC/Deputy PFCC**

**Date signed:**