

Approved By:	Classification of Paper: Not Protectively Marked
Report to PCC	Report reference number PCC/0032/16
Date of Decision 14.03.16 Date of Report 14.03.16	Area of County/Stakeholders affected Across the county
Title of report : Blue Light Pledge – Essex Police Mental Health event	
Report by: Tina Bateman Enquiries to: Susannah Hancock	

1. Purpose of report

- 1.1 To propose the allocation of £1,000 to the Blue Light Pledge, Mental Health awareness event for the provision of a 'Well-being' breakfast for officers and staff of Essex Police.

2. Recommendations

- 2.1 To agree the allocation of £1,000 to the Blue Light Pledge, Mental Health awareness event

3. Benefits of Proposal

- 3.1 Essex Police wish to provide a 'Well-Being' breakfast for officers and staff across the county to send a positive message to launch mental health awareness week.
- 3.2 PCC sponsoring this breakfast will send positive messages to the workforce about professional relationships and the importance of health and wellbeing.

4. Background and proposal

- 4.1 Mental health charity Mind's Blue Light Time to Change Pledge commits the force to challenging mental health stigma and looking after individual police officers & members of police staff, teams and members of the public.
- 4.2 The aim is to raise awareness and create a working environment where officers and staff feel able to speak openly about any issues and seek support when you needed, as well as being able to look out for colleagues and members of the public.
- 4.3 December 2015, the Chief Constable, PCC and Director of Support Services signed a pledge to improve mental health awareness within Essex Police. Part of the PCC and Chief's commitment to this pledge was to put on events throughout Mental Health Awareness Week (16 – 21 May).
- 4.4 The 'Well-Being' breakfast for officers and staff is proposed to send a positive message to launch mental health awareness week. The theme is relationships. Volunteers will purchase and deliver locally, with the funds being spent on healthy food and snacks.

5. Police and Crime Plan

- 5.1 Supports the following priorities in the Police and crime Plan:
- Reducing domestic abuse and all other hidden harms
 - Supporting victims of crime
 - Tackling the consequences of alcohol and drugs abuse and mental health issues
 - Improving crime prevention
 - Increasing efficiency in policing through collaborative working and innovation

6. Police Operational Implications

- 6.1 No operational impact

7. Financial Implications

- 7.1 The PCC would fund a £1,000 contribution to Essex Police.

8. Legal Implications

8.1 No legal issues.

9. Staffing and other resource implications

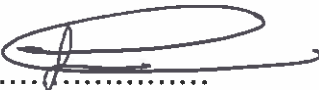
9.1 There are no staffing issues.

10. Equality and Diversity implications

10.1 There are no Equality and Diversity implications.

Report Approval

The report will be signed off by the Chief Executive and CFO and the PCC Solicitor where legal implications arise.

Ast. Director for Commissioning
Chief Executive/M.O 

Chief Financial Officer

PCC Legal Advisor (As necessary)

Decision

I agree the recommendations to this report
Approved Lindsay Whitehouse but pass to PCC for final sign off so
that there is evidence of review

..... *Lindsay Whitehouse* 15/3
PCC/Deputy PCC

I do not agree the recommendations to this report because

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PCC/Deputy PCC

Publication

Reasons for non-publication (*state 'None' if applicable*)

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Signed/Print name

Report for publication	YES	<input type="checkbox"/>
	NO	<input type="checkbox"/>

If the report is not for publication, the Chief Executive will decide if and how the public can be informed of the decision.