1. **Purpose of report**
   1.1. To seek approval for the allocation of £800 in the form of a crime and disorder reduction grant from the Community Safety Fund to Essex Police, whose activities will contribute to the priorities set out in the Police and Crime Plan for Essex.

2. **Recommendations**
   2.1. Approve the allocation of the CSF grant to Essex Police to support the delivery of a Health and Wellbeing day organised by the Women’s Leadership & Development Forum.

3. **Benefits of Proposal**
   3.1 The event will support Essex Police officers & staff can identify ways in which to translate wellness insights into their daily lives both within and out of the workplace.

   3.2 This funding will be used for;
      - £500 to cover a series of talks on being a working parent and managing a work-life balance by Parenting for Professionals. The talks will focus on keeping work and life balanced and keeping mentally well
      - £200 for items to encourage people to improve their healthy eating habits
      - £100 towards the cost of bags to be given out to attendees

   3.3 It is anticipated that the event will engage with approximately 500 staff throughout the day.
4. **Background and proposal**
   4.1 The event is being part-funded by Police Mutual

5. **Police and Crime Plan**
   5.1 Supports priorities in the Police and Crime Plan as follows;
   - Ensuring local solutions meet local problems
   - Increasing efficiency in policing through collaborative working and innovation

6. **Police Operational Implications**
   6.1 No operational impact

7. **Financial Implications**
   7.1 The PCC would fund an £800 contribution to Essex Police

8. **Legal Implications**
   8.1 The award of the grant is subject to the PCC’s standard funding agreement.

9. **Staffing and other resource implications**
   9.1 There are no staffing issues

10. **Equality and Diversity implications**
    10.1 There are no equality and diversity implications
Report Approval

The report will be signed off by the Chief Executive and CFO and the PCC Solicitor where legal implications arise.

AD for Commissioning

Decision

I agree the recommendations to this report

PCC/Deputy PCC

I do not agree the recommendations to this report because

PCC/Deputy PCC
Publication

Reasons for non-publication (*state ‘None’ if applicable*)

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Signed/Print name

Report for publication

YES 

NO  

If the report is not for publication, the Chief Executive will decide if and how the public can be informed of the decision.